



*Basic work-up: medical/family/sleep history, physical exam, CBC, renal panel, UA, renal and cardiac ultrasound, FLP, glucose

Figure 3. Hypertension Management Algorithm

Note. BP, blood pressure; CBC, complete blood count; FLP, fasting lipid panel; HTN, hypertension; LVH, left ventricular hypertrophy; TOD, target organ damage; UA, urinalysis

Source: National Heart, Lung, and Blood Institute; National Institutes of Health; U.S. Department of Health and Human Services.